

## **GUIDELINES FOR STUDENTS PARTICIPATING IN VOLUNTARY ATHLETIC PROGRAMS AT BELLAIRE HIGH SCHOOL**

### School Policy Concerning Membership on Teams

Membership on a Bellaire team and participation in Interscholastic competition is open to all students. Students will be expected to comply with all rules and policies of the Houston ISD, of Bellaire High School, and of the team. To achieve success, an athlete must pay the price for success. Paying the price means sacrifice, self-discipline, dedication to the sport, the team and the coaches, and a commitment to adhere to and abide by training rules and the purposes to which the rules stand. In some, coaches may be forced to limit the number of participants due to the availability of equipment and/or uniforms and space on teams.

### Prerequisites For Joining Any Athletic Team

- A. Must pass a physical examination;
- B. Must have a parent's approval;
- C. Must pass a tryout conducted by the coach;
- D. Must attend and be on time for all team meetings, practices, and games unless excused by the coaches;
- E. Should be able to accept coaching and follow coaches' directions;
- F. Must furnish all equipment not furnished by the school district (i.e. poms, uniform, etc.);
- G. Must be responsible for all equipment issued by Bellaire High School; lost items must be paid for by student or parent;
- H. May be required by the coach to participate in a spring training, off season training, or other programs unless this conflicts with participation in another sport at Bellaire or unless excused for medical reasons.

### Suspension or Dismissal of an Athlete From a Team

Students are subject to suspension or dismissal from team if they:

- A. Commit a Level III, IV, or V offense as defined by the Houston ISD Code of Conduct;
- B. Violate rules specific to an individual sport.

### Injuries

- A. Student are expected to notify the coach immediately concerning ANY injury.

### Travel

- A. Appearance of all athletes should be neat and athletes are expected to be well-groomed and appropriately attired;
- B. Athletes must have a TRAVEL RELEASE SIGNED BY A PARENT OR GUARDIAN on file at Bellaire High School.